

# SKILLS FOR SUCCESS

## POSITIVE YOUTH DEVELOPMENT PRESENTATIONS

DePelchin Children's Center understands the importance of character development and partners with schools and communities to help students make positive life choices. Skills for Success is offered in schools and in the community to help youth evaluate the consequences of their behavior and the impact on their future.



DePelchin  
CHILDREN'S CENTER

The primary goal of Skills for Success is to promote positive youth development and reduce the chance for youth to engage in behaviors that will put their health and well-being at risk. The program is designed to help prevent alcohol, tobacco and other drug use, reduce fighting, bullying, delinquency and promotes positive decision making. Skills for Success presentations also help students focus on making positive life choices and avoid engaging in risky behaviors.

## TARGET AUDIENCE

Skills for Success presentations are available to **elementary, middle and high school** students. As students transition from elementary to middle school and from middle to high school, they begin to rely more on their peer group. Skills for Success presentations help students learn how to make positive decisions and teaches students how to form positive peer relationships. The program is designed to help students make better choices.

The presentations are delivered in **5-12 weekly sessions** and targets **2nd-12th grade students**. The goal is to empower students with the tools to address the challenges of life, develop confidence, and resist substance use. These presentations are held in a classroom, assembly, or community setting. Some of the topics that are covered are: Peer Pressure, Communication, Stress Management, Drug Prevention, Social Media, Problem Solving, Bullying, Self-Worth, Goal Setting, Building Healthy Relationships, and Empathy. These are some of the more popular topics, but other topics are available based on the needs of your group.



## COST

DePelchin Children's Center offers Skills for Success at no charge to schools and communities in Ft. Bend, Harris, Galveston, Waller, Chambers counties. The program is funded through the Health and Human Service Commission (HHSC).

## CONTACT US

For more information or to bring Skills for Success presentations to your school, please contact Lesly Coleman at (713) 802-6324 or (832) 876-4391 or email [lcoleman@depelchin.org](mailto:lcoleman@depelchin.org).

DEPELCHIN'S CHILDREN'S CENTER | 4950 MEMORIAL DRIVE | HOUSTON, TX 77007