

SKILLS FOR SUCCESS



EVIDENCE-BASED CURRICULUM: Positive Action & Botvin LifeSkills

DePelchin Children's Center understands the importance of character development and partners with schools to help students make positive life choices. Skills for Success is offered to elementary, middle and high school students to help them evaluate the consequences of their behavior and how it impacts their future.

The primary goal of Skills for Success is to promote positive youth development and reduce the chance for youth to engage in behaviors that will put their health and well-being at risk. The program is designed to help prevent alcohol, tobacco and other drug use, reduce fighting, bullying and delinquency. Skills for Success also helps students focus on making positive life choices and avoid engaging in risky behaviors.



TARGET AUDIENCE

Skills for Success is a free program available to elementary, middle and high school students. As students transition from elementary to middle school and from middle to high school, they begin to rely more on their peer group. Skills for Success not only helps students learn how to make positive decisions, but it also teaches students how to form positive peer relationships. The program is designed to help students make better choices.

PROGRAM COMPONENTS

Botvin LifeSkills (grades 6-12) and Positive Action (grades 2-8) are implemented in a classroom setting which offers students the opportunity to participate individually and as a group. The Skills for Success program does more than prevent negative behavior. It is designed to promote the development of healthy lifestyle choices, positive relationships, a sense of belonging and a belief in the future. During each session, students are given the opportunity to think about their future.

For more information, visit: www.positiveaction.net and www.lifeskillstraining.com



COST OF PROGRAM

DePelchin Children's Center offers Skills for Success at no charge to schools and communities in Ft. Bend, Harris, Galveston, Waller, and Chambers counties. The program is covered by funding through the Health and Human Service Commission (HHSC).



For more information or to bring Skills for Success to your school, please contact Lesly Coleman at (713) 802-6324 or (832) 876-4391 or lcoleman@depelchin.org